

Patient card

Patient card for valproate (Orfiril): Contraception and Pregnancy

What you need to know*

- **Valproate is used in the treatment of epilepsy and bipolar disorder.**
- **When taken during pregnancy, valproate can seriously harm the unborn child.**
- **Always use effective contraception without interruption during your treatment with valproate.**
- **It is important to have a specialist assess your treatment at least once a year.**

**This applies to all girls and women who use valproate and who could become pregnant.
Take good care of this card so you always know what to do.*

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What to do*

- **Read the package leaflet carefully before use.**
- **Do not stop taking valproate unless your doctor advises you to, as your condition may worsen.**
- **If you plan to have a baby, do not stop using valproate or contraception before you have talked to your doctor.**
- **If you think you may be pregnant, schedule an appointment with your doctor as soon as possible.**
- **Ask for a Patient Guide from your doctor (if you have not received one).**
- www.desitin.no, www.felleskatalogen.no

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Take good care of this card, so you always know what to do.*