

Patient card

Patient card for valproate (Orfiril)

What you must know and do

All girls and women using valproate and who could become pregnant:

- Valproate can seriously harm an unborn child when taken by the mother during pregnancy.
- Always use effective contraception without interruption during the entire duration of treatment with valproate.
- If you think you are pregnant: Schedule an urgent appointment with your doctor.
- Review your treatment with your specialist regularly – at least once a year.

Male patients using valproate:

- Valproate may cause motor and/or mental developmental disorders in children when taken by the father in the 3 months before conception.
- Discuss the need for effective contraception with your doctor.

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Valproate is an effective medicine for epilepsy and bipolar disorder.

This applies to all girls and women using valproate who could become pregnant and male patients using valproate:

- Read the package leaflet carefully before use.
- Never stop taking valproate unless your doctor tells you to, as your condition become worse.
- If you are thinking about having a baby, do not stop using valproate and contraception before you talked to your doctor.
- Ask your doctor to give you the patient guide. More information about valproate use can be found at felleskatalogen.no

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